



Exploring

SPRING WOOD



The Friends of Spring Wood



The Friends of Spring Wood is an independent, self-funding organisation that was formed in 2000.

The group's aims and objectives are:

- To protect and conserve the ancient semi-natural woodland of Spring Wood.
- Increase public awareness of issues concerning the conservation and management of semi-natural ancient woodlands through education initiatives and events.
- Develop and encourage access to Spring Wood for minority groups such as wheelchair users.
- Provide opportunities for the local community to assist in the management and project development through volunteering.
- To aid and assist Lancashire Countryside Service in the management of the wood through carrying out routine maintenance tasks.

The Friends of Spring Wood meet every first Saturday of the month at 10.00am at Spring Wood Information Centre. Everyone is welcome to attend. Please ensure you have a packed lunch and clothing suitable for the weather conditions and the type of work being carried out.

Spring Wood is an excellent base for walking. The picnic site is an ideal position from which to explore Pendle Hill or the historic village of Whalley and its surrounding countryside. The site itself has ample parking including disabled parking bays. As well as an unstaffed Information Centre, the site has toilet facilities complete with a disabled toilet operated on the RADAR system. Picnic tables suitable for wheelchair users are provided at various locations close to the car park.

For walking routes visit:

www.forestofbowland.com/walking



Wildlife of Spring Wood

uk.inaturalist.org

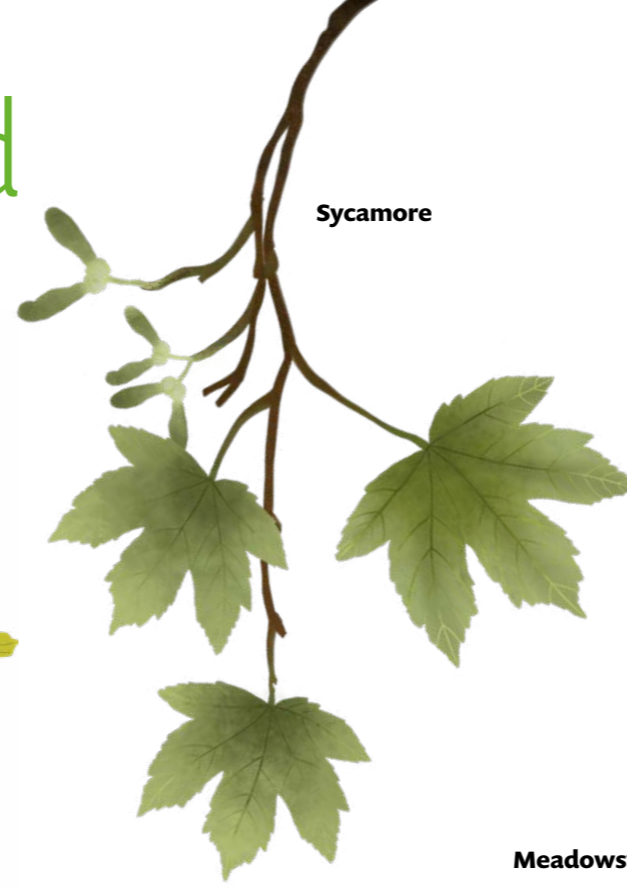
Spring Wood's wildlife is very varied and there is something to interest everyone, whether you like wildflowers, animals, birds, trees or even insects.

TREES

There are many different species of trees within Spring Wood, examples of which can be found in the arboretum. As you walk round the wood it is possible to see examples of different forms of management such as coppicing and pollarding.



Hawthorn



Sycamore



PLANTS

There are numerous different species of plants that grow in the wood, the most notable being the bluebell and ransoms (wild garlic). They provide a valuable food source for much of the insect life. The plants are easily damaged, therefore it is important to stay to the footpaths and not to pick the flowers.



Yellow rattle



Meadowsweet



Common pipistrelle



Great burnet

Eyebright



Common cat's ear



Chiffchaff

BIRDS

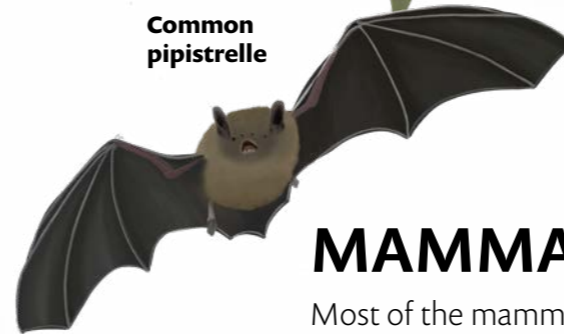
Spring Wood attracts many different types of birds, some of which you may find in your garden, such as the blue tit or robin. The bird feeding station on the car park near to the Information Centre is an ideal place to sit and watch the birds from the comfort of your car without disturbing them.



Woodpecker



Robin



MAMMALS

Most of the mammals that occur in the wood are very shy and not often seen during the day. However, it is nearly always possible to watch grey squirrels at the bird feeding station in the car park.



Squirrel

How to get to Spring Wood

Spring Wood is located off the A59 and is accessible by car. There are also regular bus services into the centre of Whalley from Clitheroe, Burnley, Blackburn and the surrounding area.

Whalley also has a railway station with trains between Clitheroe and Blackburn.

For service times visit: www.lancashire.gov.uk and www.nationalrail.co.uk

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For further information about the Forest of Bowland Area of Outstanding Natural Beauty visit: www.forestofbowland.com

