# What wildflowers to plant!

Take a look at some of the great wildflowers to plant, that grow quick and pollinators love.

### **Red campion**

- Bright rose-red flowers of red campion brighten up any space. Moths, bees and butterflies love this plant and it's nectar.
- Easy to grow, will self-seed well and succeeds in any position that is not hot and dry. Likes shade and moist conditions.
- Can be planted from seed now through summer, might flower this year or next.
- For more information: <u>www.conservationhandbooks.com/</u> wildflowers/red-campion/

### Wild strawberry

- Double bonus from this plant, as insects love the flowers and us humans can't resist a juicy strawberry.
- The seed takes 4 weeks to germinate, so a good one to plant this summer indoors, then move to the outdoors next spring when the flowers appear for the insects. Then you can pick those strawberries next summer.
- The plant will send out runners, so more plants for next years pollinators, and less work for you. It is a win win. (But we would recommend planting in it's own pot or bed as it can out-compete other plants!)
- For more information head to: <u>www.conservationhandbooks.com/wildflowers/wild-</u>
  <u>strawberry/</u>

## Cornflower

- Deep blue flowers bloom like jewels in midsummer and bees, flies and day flying moths love it.
- The seeds can go straight into the ground, if you sow now, they should flower by October, great for the final feast of nectar before hibernation occurs.
- For helpful tips see: <u>https://www.rhs.org.uk/education-learning/</u>
  <u>gardening-children-schools/family-activities/grow-it/grow/cornflower</u>

### Wallflowers

- The common wallflower is the most preferred by pollinators, with its fragrance smell. Although there are lots of different coloured varieties to choose from.
- Seeds can be sown during summer directly into soil, but they do like a sunny patch.
- How to plant: <u>www.rhs.org.uk/education-learning/gardening-</u> <u>children-schools/family-activities/grow-it/grow/wallflowers</u>











